



Saint Ange French International School

# AFTER-SCHOOL ACTIVITIES

& Schoolwork support



2023 - 2024

[www.saintangeschool.com](http://www.saintangeschool.com)

## Extracurricular activities FOR ELEMENTARY



FROM 4:15 PM TO 5:15 PM

At school



### SEWING WORKSHOP

with Saigon Sewing, every MONDAY



### TECHNOLOGY WORKSHOP

with ROBOFOX, every WEDNESDAY



### CHESS CLUB

with Chess Plus Academy, every TUESDAY  
and FRIDAY



### MUSIC CLASS

with PAAcademy, every THURSDAY



### YOGA CLASSES

with My, every TUESDAY



### DRAWING WORKSHOP

with Tranh, every THURSDAY



### PERFORMING ARTS

with Eya, every WEDNESDAY



### JEWELRY WORKSHOP

with Loan, every FRIDAY



### SWIMMING LESSONS

with Pierre, every MONDAY (CP), TUESDAY (CE1-CE2), THURSDAY (CM1-  
CM2) + FRIDAY from 3 p.m. to 4 p.m. - For all

## WEEK RECAP

Monday	Tuesday	Wednesday	Thursday	Friday
				3pm-4pm
				<b>SWIMMING</b>
4:15 pm - 5:15 pm	4:15 pm - 5:15 pm	4:15 pm - 5:15 pm	4:15 pm - 5:15 pm	4:15 pm - 5:15 pm
<b>SEWING</b>	<b>YOGA</b>	<b>DRAMA</b>	<b>MUSIC</b>	<b>JEWELRY</b>
	<b>CHESS</b>	<b>TECHNO</b>	<b>DRAWING</b>	<b>CHESS</b>
<b>SWIMMING</b> CP	<b>SWIMMING</b> CM1-CM2		<b>SWIMMING</b> CE1-CE2	

# SCHOOLWORK SUPPORT BY THE TEACHERS



## CYCLE 2 : CP, CE1, CE2



**Every day:**  
**Audrey**

Audrey is the teacher of the PS class at Saint Ange.

## CYCLE 3 : CM1, CM2



**Monday & Thursday:**  
**Axelle**

Axelle teaches the CM1 class at Saint Ange.

## CYCLE 2 ET 3 : CP, CE1, CE2, CM1, CM2



**Monday & Wednesday**  
**Sarah**

Sarah is the new teacher for the CE2 class at Saint Ange.

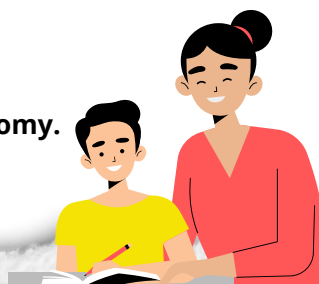


**Tuesday & Thursday:**  
**Mélanie**

Mélanie is the teacher of the MS/GS class at Saint Ange.

The objectives of schoolwork support :

- to acquire better organisation of work ;
- learn how to study efficiently;
- acquire working methods;
- learn and understand their lessons; gain in autonomy.



**3 children minimum**  
**6 children maximum**

**150k VND/Session**

## WEEKLY RECAP

	Monday 4:15 pm - 5:15 pm	Tuesday 4:15 pm - 5:15 pm	Wednesday 4:15 pm - 5:15 pm	Thursday 4:15 pm - 5:15 pm	Friday 4:15 pm - 5:15 pm
SUPPORT FOR SCHOOL WORK	Sarah CP to CM2	Audrey CP, CE1 & CE2	Audrey CP, CE1 & CE2	Mélanie CP to CM2	3pm-4pm <b>SWIMMING</b>
	Axelle CM1 & CM2	Mélanie CP to CM2	Sarah CP to CM2	Axelle CM1 & CM2	
ACTIVITIES	<b>SEWING</b>	<b>YOGA</b>	<b>DRAMA</b>	<b>MUSIC</b>	<b>JEWELRY</b>
		<b>CHESS</b>	<b>TECHNO</b>	<b>DRAWING</b>	<b>CHESS</b>
	<b>SWIMMING</b> CP	<b>SWIMMING</b> CM1-CM2		<b>SWIMMING</b> CE1-CE2	

**INFORMATIONS**

[directionpedagogique@saintangeschool.com](mailto:directionpedagogique@saintangeschool.com)



# EXTRA-CURRICULAR ACTIVITIES

For the Elementary of Saint Ange



## SEWING WORKSHOP

IN ENGLISH



### EVERY MONDAY

4:15 pm - 5:15 pm | At Saint Ange school



With  
**LILLY**  
**FROM SAIGON SEWING**



Lilly has been giving sewing lessons to adults and children for 2 years in Saigon

Learning outcomes:

- Clothing construction
- Knowledge of fabrics
- Pinning, measuring and cutting
- Machine and hand sewing
- Precision
- How to read patterns

In the first 5-session module, we will explore the basics of sewing and get creative with different fabrics and textures. This module is intended for students to gain self-confidence and learn the basics of sewing.

They will make shorts in 4 to 5 sessions using sewing machines.



 **REGISTRATION**

**2 children minimum**  
**6 max**  
**400k VND/Session\***

\*free trial session on Monday, Sept. 18



# EXTRA-CURRICULAR ACTIVITIES

For the Elementary of Saint Ange



## CHESS CLUB

IN ENGLISH & VIETNAMESE

### EVERY TUESDAY & FRIDAY

4:15 pm - 5:15 pm | At Saint Ange school



The comprehensive, well-designed curriculum emphasizes the development of students' strategic thinking and problem-solving skills.

• **BEGINNER LEVEL**

Teach students the fundamental skills and rules of chess.

• **INTERMEDIATE LEVEL**

Deepen understanding of the game, strategic concepts, tactics and positional understanding.

• **ADVANCED LEVEL**

To hone the skills of their students to achieve a high level of expertise in various aspects of the game.

With

**CHESS PLUS ACADEMY**

Our trainers are national level professionals. We have experience and expertise in teaching chess to students, we can provide students with different teaching methods and styles, allowing them to learn and improve more effectively.



6 children minimum -  
20 maximum

180k VND/Session

**REGISTRATION**

\*free trial session on Tuesday, Sept. 19.



# EXTRA-CURRICULAR ACTIVITIES

For the Elementary of Saint Ange



## YOGA CLASSES

IN ENGLISH & VIETNAMESE

**EVERY TUESDAY**

**4:15 pm - 5:15 pm |  
At Saint Ange school**



### The benefits of yoga for children

- Improves physical condition
- Increases concentration in class,
- Works on flexibility, balance, and strength.
- Reduces potential injury and muscle soreness well into adulthood.
- Enjoy taking on the challenge and being creative by trying different exercises.
- Stimulates bonding with other children

With  
**MS. MY**  
Yoga Instructor

My enjoys teaching yoga because it allows her to transmit her passion for the discipline through the calm, serenity and joy that reigns in her class. She has experience with children in an international context.



**5 children minimum  
10 children maximum  
150k VND/Session**

**REGISTRATION**

# EXTRA-CURRICULAR ACTIVITIES

For the Elementary of Saint Ange



## SWIMMING LESSONS IN FRENCH

4.15pm - 5.15pm - At Saint Ange School



CP

### MONDAY

#### STAR FISH

Objective: to get used to the fear of water, to put the head under water for 3 seconds, to do the star on the back, on the stomach, to learn the breaststroke with float.

**30 min. in the water**

**6 CHILDREN MAX.**



CM1-CM2

### TUESDAY

#### FISH

Improvement of breaststroke, freestyle, backstroke, underwater turns, ball games

**45 min. in the water**

**6 CHILDREN MAX.**

CE1-CE2

### THURSDAY

#### SEA HORSE

Improving breaststroke, learning to swim freestyle, backstroke, fetching objects from the bottom of the water, ball games

**45 min. in the water**

**6 CHILDREN MAX.**



CP

### + FRIDAYS

**3pm-4pm**

**A la carte  
All Levels**

Priority for students taking the bus.

**6 CHILDREN MAX.**



CE1  
CE2



CM1-CM2



**New and fun equipment, adapted for each swimmer.**

With  
**PIERRE**



Confirmed swimmer for 15 years, including 10 years in a Parisian club, I also practiced water polo for 3 years before moving to Vietnam. Graduated from the PSE (first aid in team) and Water Rescue modules with the Voreto certified team. Last year I taught swimming to 15 children from CE1 to CM1

#### The benefits of swimming :

- Learn to deal with fears and become familiar with the aquatic environment
- Develop swimming techniques
- Increase body coordination and breathing capacity
- Tone up your muscles without impacting your joints and release tension after the school day



**REGISTRATION**

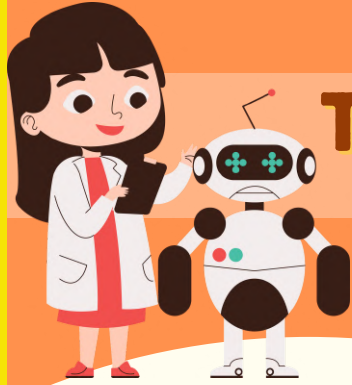
**1 500k VND/ 10 Sessions valid throughout the school year\*.**

\*1st session free of charge

NEW

# EXTRA-CURRICULAR ACTIVITIES

For the Elementary of Saint Ange



# TECHNOLOGY WORKSHOPS

IN ENGLISH

## EVERY WEDNESDAY

4.15pm - 5.15pm - At Saint Ange School

The combination of logic and imagination is the shortest path to balanced child development!



### MODULE : 3D-PEN

What is 3D?

Structure of the 3D pen and its use.

Safety rules Lines, contours Designing simple shapes Converting shapes into objects Creating objects: from simple to advanced

**Intermediate Module Final Project:**  
Favorite Character Design •

Why 3D-pen is so cool?

- Enhances hand-eye coordination
- Develops problem solving skills
- Enables imagination and creative thinking
- Provides with healthy emotional release and expression

Robofox

### MODULE : FUN ELECTRIC ENGINEERING

Introduction. What is electricity ?

Security rules. Mandatory parts.

Conductors and insulators.

Energy sources and consumers - "loads".

Switches. Serial and parallel connections.

Light and sound Sensors, Lamps and LEDs

Speakers and microphones

Resistors, IC - chips Design of alarm systems, FM radios and other devices



**Work with:** REAL electric parts:  
Resistors, Transistors, Switches  
Sensors, Speakers, Capacitors, etc.

**Design:** New project every lesson



**Learn:**

- How any device and appliance made?
- How it works and why?
- How to use natural phenomena and physical law to design modern devices and gadgets
- And how to use modern devices to save nature, environment and resources



Robofox has been our partner for technology courses since last year.

 **REGISTRATION**

**4 children minimum**  
**8 children maximum**  
**Rate for 12 sessions\* : 2,950,000 VND**  
**\*until the winter holidays**



**NEW**

# EXTRA-CURRICULAR ACTIVITIES

For the Elementary of Saint Ange



## PERFORMING ARTS

IN ENGLISH

**EVERY WEDNESDAY**

**4.15pm - 5.15pm - At Saint Ange School**



### Pedagogical Project

- to encourage children's oral expression through play
- to develop memorising skills
- to develop self-confidence
- to improve diction, pronunciation, and elocution
- to develop a creative imagination
- to integrate into a group
- to learn to listen and concentrate



With

**MS. EYA**



Teacher specialised in Communication and Oral Expression through Theatre, staging, improvisation, mime. With 15 years of experience for children.

**STARTING FROM CE1**

**6 children minimum  
16 children maximum  
300k VND/Session**

**REGISTRATION**

# EXTRA-CURRICULAR ACTIVITIES

For the Elementary of Saint Ange



## MUSIC CLASSES

IN ENGLISH



**EVERY THURSDAY**

**4.15pm - 5.15pm | At Saint Ange School**



The Performing Arts Academy of Ho Chi Minh City (PAA) offers a music programme to discover this amazing art through playing, singing and dancing. This programme for children aged 6 to 10 years old includes exploration of various musical instruments, learning about rhythm and tone in music, as well as basic knowledge about reading and writing music. This course helps children to develop their own personality and creativity through music, to find the instrument they might like and why not make them talented future musicians!



**3 children minimum  
8 children maximum  
200k VND/Session**



**REGISTRATION**

# EXTRA-CURRICULAR ACTIVITIES

For the Elementary of Saint Ange



## DRAWING WORKSHOP

IN ENGLISH

**EVERY THURSDAY**

**4.15pm - 5.15pm**

**At Saint Ange School**



With

**MS. TRANH**

### The benefits of drawing for children

- stimulates children's creativity and imagination
- develops brain, eye and hand coordination
- helps to stimulate children's concentration and observation skills
- also promotes children's emotional intelligence
- helps to build self-confidence
- develops the child's sensitivity



**3 children minimum  
8 children maximum**

**250k VND/Session**



**REGISTRATION**

# EXTRA-CURRICULAR ACTIVITIES

For the Elementary of Saint Ange



## JEWELLERY & ACCESSORIES WORKSHOP

IN FRENCH & VIETNAMESE

**EVERY FRIDAY**

**4.15pm - 5.30pm (1h15)**

**At Saint Ange School**



With

**MS. LOAN KAI**



### The creation of jewellery

Creating fashion jewellery is a favourite activity for children. They can develop their creativity and imagination by learning how to make a bracelet, earrings, necklace. Everyone keeps their own creation.



**REGISTRATION**

**4 children minimum  
12 children maximum  
250k VND/Session**



# Saint Ange French International School



**GENERAL INFORMATION:**

**JESSICA**

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**REGISTRATION  
FORM**

**[www.saintangeschool.com](http://www.saintangeschool.com)**